



## SKIN CARE TREATMENTS

The Spa at PGA National is proud to offer facial services designed to produce a radiant complexion, and also to offer a restorative experience. Each facial begins with a visit to the Mediterranean with Sea Mist, a blend of mineral-rich sea water & relaxing essential oils from seaside plants. A thermal marine-mud compress is applied to the back throughout your facial treatment to relax tight muscles and detoxify the body. Each facial is based on an expert skin analysis and your esthetician's recommendations for a highly effective take-home program to sustain the changes in the complexion achieved in-spa.

### **Seaside Solutions Facial- 50 min**

Customizable facial for all skin types

This classic facial treatment combines all the skin specific solutions of a European facial and much more. A highly concentrated marine mask, selected especially for your skin type, targets the improvement of the skin's functions, producing exceptional results. No matter the skin-type, an awakened complexion with a dewy, radiance is the powerful result [*\$125*]

### **Seawater Pearl Ritual- 50 or 75 min**

Dehydrated, dry, all skin types

Every skin type needs hydration, whether normal, mature, oily, or sensitive, and the sea offers the perfect way to restore ideal moisture levels. Once the skin has been prepared with deep cleansing and exfoliation, a nourishing massage is performed with warm boluses filled with pure red seaweed, and liquid calcium seawater pearls. Throughout the massage the pearls break and the skin is enriched with vitality and hydration from calcium and algae gel. Next a creamy mixture of shea butter and red seaweed is painted onto the skin to plump the complexion. The 75 minute version includes an eye, hand, & lip plumping treatment, for a targeted boost to moisture levels [*\$145 or \$175*]

### **Youth Revelation Facial- 50 or 75 min**

Anti-aging, oxygenating, firming

From the depths of the ocean, rejuvenating extracts restore a youthful texture and radiance to the skin. A double exfoliation begins with a marine AHA scrub & a skin repairing enzymatic exfoliant to increase cellular turnover for skin regeneration. A specially formulated toning mask reduces the depth of wrinkles and resuscitates the skin's natural firmness, while free radicals (the primary cause of aging) are outsmarted. The 75 minute version includes an additional oxygenating facial mask to revitalize all cell functions, detoxify, and return the complexion's glow of youth [*\$155 or \$185*] *\*\*75 min includes back treatment.*



Call 800.843.7725 for more information.



Customize and enhance your facial with this collection of targeted treatments.

## BODY THERAPIES/WRAPS/COCOONS

All full-body treatments/wraps/cocoons begin with a dry brushing to free the skin of impurities while preparing the skin for the absorption of natural elements contained in the body wrap. You will be cocooned in a body mask for ultimate relaxation and delivery of active nutrients, and you can further unwind during a relaxing scalp massage. Each treatment includes our Mediterranean Sea Mist, an aroma-infused relaxation ritual & a custom-blended moisturizer mixture as the treatment's finale.

### **Detox Seaweed Wrap: 50 min**

Eliminate toxins

A regular systemic detoxification is important for everyone in order to keep the body running smoothly, and inner purity improves the reflection of outer beauty. Brown seaweeds, blended for their detoxifying action, are mixed into a fine paste and applied to the entire body. The skin absorbs active elements, with help from clay minerals and the soothing heat of a treatment blanket promotes perspiration and the elimination of toxins. After a refreshing shower, a specialized combo of cooling moisturizers is applied to your newly purified, restored body *[\$125]*

### **Mediterranean Therapy Body Wrap: 50 min**

Anti-stress, anti-fatigue, jet lag recovery, moisturize

If feelings of fatigue, stress, and low energy are creating imbalance for your physical and emotional well-being, sea water is the perfect solution. An essential oil infused seawater gel provides all the trace minerals to rebalance sluggish cells, in turn eliminating the cause of many skin and body conditions. This treatment combining the powers of marine-therapy and aromatherapy will leave your skin feeling silky and the body calmly re-energized, especially after the hydrating, skin firming final moisturizer *[\$125]*

### **Treasures of the Sea Treatment: 50 or 75 min**

Anti-stress, anti-fatigue, jet lag recover, relax muscles, moisturize, lymph drainage

Like a dip in the ocean this treatment is sure to immerse the senses, and bring the body back into balance. This unique treatment includes a specialized lymphatic massage performed with Relaxing Elixir to melt tight muscles or Draining Elixir to increase circulation, customized per area for your needs. The incorporation of a warmed Seawater Massage Balm rebalances from head to toe while leaving the skin feeling revived and hydrated *[\$145 or \$175]*



Call 800.843.7723 for more information.



## NAIL SERVICES

Our nail services combine expert grooming procedures with professional spa quality products featuring Phytomer, for beautiful hands and feet that have exquisitely silky skin and healthy nails, and cuticles.

### **Lavender Bliss Manicure: 50 min**

Relax and unwind during this manicure that will leave your entire body therapeutically relaxed. Each step of this treatment is infused with sea minerals and seaside plants lavender, helicrysum, and rock rose to combat physical symptoms of stress [**\$55**]

### **Lavender Bliss Pedicure: 50 min**

Relax and unwind during this pedicure that will leave your entire body therapeutically relaxed. Each step of this treatment is infused with sea minerals and seaside plants lavender, helicrysum, and rock rose to combat physical symptoms of stress [**\$65**]

### **Service Charge:**

*A 20% service charge will be automatically added to all a la carte services. Any additional gratuity is at your discretion.*



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